



Royal College of Music Museum Chat Mat Resource

Create a chat mat

Chat mats are a person-centred approach to communication that encourage choice and more effective communication. They can be as simple as:

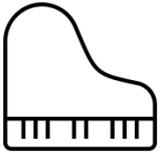
- A flip book with words and pictures
- A series of cut out symbols and pictures

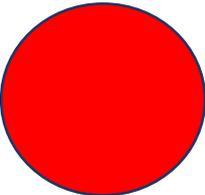
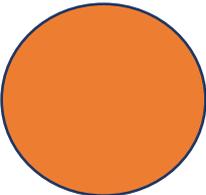
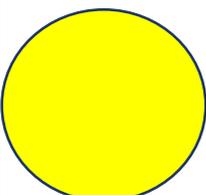
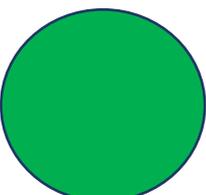
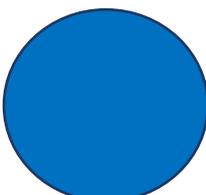
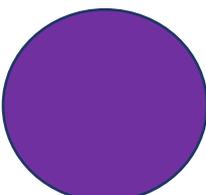
Words and pictures

Amend or add as needed, and use the Makaton vocabulary as a support.

[photo]	[photo]
Their name	Your name

					
Excited	Happy	Just fine	Sad	Worried	Angry

					
Guitar	Piano	Drum	Violin	Recorder	Shakers

					
Red	Orange	Yellow	Green	Blue	Purple

See Makaton vocabulary					
Please	Thank you	Like	Don't like	Music	Play

Example phrases:

- How is [name] feeling?
- I [Name] is feeling [emotion]
- The music makes [name] feel [emotion]
- Please can I [name] have the [colour] [instrument]
- I [Name] need to [action]